



Hello Fred,

Celebrating Women's History Month: Honoring Legacy, Advancing Inclusion, and Uplifting **ALL** Women

At the Sacramento Rainbow Chamber, we know that strength comes from the diversity, resilience, and intersectionality of our community. Every voice, experience, and perspective within our Chamber fuels our mission to foster economic opportunities, advocate for equality, and build a thriving, inclusive business network where all are welcome.

This March, as we celebrate Women's History Month, we honor the remarkable legacy, achievements, and contributions of women entrepreneurs, professionals, and leaders—both within our Chamber and beyond. But we also recognize that history has often excluded and overlooked the voices of women at the margins, including LGBTQ+ women and, especially, transgender women.

Trans women, despite their leadership, innovation, and perseverance, have too often been sidelined in feminist spaces and broader conversations about women's rights. Yet, they have been at the forefront of advocacy, business, healthcare, and civil rights—paving the way for future generations. As we celebrate this month, we must challenge these erasures and uplift the voices of all women. Supporting women-owned businesses and amplifying diverse voices isn't just a one-month initiative—it's an ongoing commitment to equity, economic empowerment, and meaningful change.

At a time when DEI efforts and LGBTQ+ rights are being challenged nationwide, we reaffirm our unwavering commitment to inclusive business practices. No matter the shifting political landscape, the Sacramento Rainbow Chamber remains a steadfast advocate for equity, representation, and economic prosperity for LGBTQ+ and allied business owners. Now, more than ever, we must hold firm to our values and actively support businesses that prioritize diversity, equity, and inclusion.

How You Can Support Women in Business and Beyond:

- **Attend & Engage:** Join us at our events to network and uplift LGBTQ+ and women-owned businesses.
- **Mentor & Advocate:** Help create opportunities by mentoring women entrepreneurs and professionals.
- **Sponsor & Invest:** Support our Chamber initiatives that provide resources and visibility to

diverse business owners.

- Volunteer & Connect: Get involved in our programs to drive real change and economic empowerment.

Your presence, support, and advocacy make a difference. Thank you for being part of the Sacramento Rainbow Chamber. Together, we will continue to create opportunities, drive meaningful change, and ensure inclusivity remains at the heart of everything we do.

[Visit our Chamber Member Directory Here!](#)

Celebrating Women. Championing Equality. Building the Future.

In Community,

Samuel N. Jones, Chair

Pictured Below: Samuel N. Jones at 2025 Business and Community Excellence Awards and Kristara Ritualo (2025 Community Leader of the Year Award Recipient)



Celebrating Women's History Month!

Sacramento



CELEBRATING WOMEN'S HISTORY MONTH WITH *Pride*



Happy **Women's History Month** from all of us at the Sacramento Rainbow Chamber of Commerce! LGBTQ+ women have paved the way throughout history, and it's crucial to acknowledge their contributions not just in March but every day. Let's continue to amplify these revolutionary voices and stories together.

While every March marks Women's History Month, queer and transgender women are still often overlooked and silenced. Attempts to make the month more queer and trans-inclusive are still being fought, but recognizing the work of LGBTQ+ women goes beyond simply saying that it's their month, too. It's our duty to uncover the contributions of queer

and trans women throughout history and honor these leaders all year.

In recent times, we've witnessed significant challenges to the rights and protections of LGBTQ+ individuals, particularly transgender people. The current administration has enacted several policies that roll back protections:

- **Executive Orders Limiting Protections:** President Donald Trump signed executive orders rolling back protections for transgender individuals and terminating diversity, equity, and inclusion (DEI) programs. These orders redefine sex as an immutable characteristic assigned at birth, effectively excluding transgender and intersex people from federal non-discrimination protections.
 - [News Source: Associated Press](#)
- **Healthcare Restrictions:** An executive order titled "Protecting Children From Chemical and Surgical Mutilation" aims to halt federal funding for providers offering gender-affirming care to transgender youth under 19. This has led to legal challenges, with federal judges in Baltimore and Seattle issuing injunctions to block the enforcement of these orders, emphasizing the potential harm to transgender youth.
 - [News Source: THEM](#)
- **Military Service Limitations:** Policy updates from the Pentagon threaten to expel transgender service members, jeopardizing their careers and benefits. Transgender individuals like Guy Peña, who served 19 years in the U.S. military, now face uncertainties regarding their service and future.
 - [New Source: PEOPLE](#)

Despite these setbacks, our fight for equality prevails and continues:

- **Legal Victories:** Federal judges have blocked several of the administration's policies targeting transgender rights. For instance, nationwide injunctions have been placed on executive orders attempting to restrict healthcare for transgender youth, ensuring continued access to necessary medical care.
 - [News Source: SF Chronicle + THEM](#)
- **Community and Organizational Resistance:** Organizations such as the San Francisco AIDS Foundation and the GLBT Historical Society have joined lawsuits challenging the administration's attempts to erase transgender identities and terminate equity-focused grants. This collective resistance underscores the unity and resilience within the LGBTQ+ community.
 - [News Source: TIMES + SF Chronicle](#)

In celebration of Women's History Month and in resistance to this wave of LGBTQ+ censorship, we've compiled articles honoring LGBTQ+ women who have changed history. This is by no means an exhaustive list, though we hope it is a firm jumping-off point to start your journey to learning more this Women's History Month.

LGBTQ+ Women's History Month Lists and Articles:

1. [Honoring LGBTQ Leaders for Women's History Month - GLAAD](#)

2. [11 LGBTQ+ Women Who Shaped the Course of History -THEM](#)

3. [LGBTQ+ Women Who Made History - Smithsonian American Women's History Museum](#)

4. 20 Game-Changing Queer Women to Celebrate Women's History Month - Advocate

Let us draw inspiration from these trailblazers and remain steadfast in our commitment to equality, ensuring that the voices of LGBTQ+ women are heard and celebrated, today and always.



Welcome New Members!

- [Marsala Law Firm, APC](#)
- [Julie Reardon Realtor](#)
- [Thrive Therapy & Counseling](#)
- [Bennett's American Cooking](#)
 - [SunSource](#)
 - [Robert Half](#)
 - [Expedient IT](#)
 - [Aloha Counseling](#)
- [Aimee Scott | AMS Creative Marketing](#)
 - [Area 52](#)
- [Gordon Rees Scully Mansukhani, LLP](#)
 - [Rx HealthCare Service](#)
 - [Shaw Law Group, PC](#)
 - [Steph Baker, Realtor](#)
 - [Unholy Hair Studio](#)

Upcoming Chamber Events

Drag Queen Bingo - March 6th

Join us every first Thursday of the month at Mango's for Drag Queen Bingo with hostess, DoMe Moore. Our March beneficiary is **Women's Empowerment**.

The fun starts at 7 PM but we always suggest getting there early - seating is first come, first served! \$20 to play all 8 games. Cash only! Learn more [here](#).

Sacramento's Original Drag Queen Bingo



March 6, 2025
7:00 - 9:00PM 1930 K Street
\$20 CASH DONATION to play 8 games.
**All seating is first come first serve. doors open @6*

This Month's Beneficiary:

YOUR HOST: *DoMe Moore*



WOMEN'S EMPOWERMENT

The mission of Women's Empowerment is to educate and empower women who are experiencing homelessness with the skills and confidence necessary to get a job, maintain a healthy lifestyle, and regain a home for themselves and their children.

www.womens-empowerment.org

The Sacramento Rainbow Chamber's March Networking Mixer

FREE for Members
\$10 for Non-Members

March 18, 2025

6:00pm - 7:30pm

Light appetizers
& beverages provided



421 Fleming Rd, Lincoln, CA 95648

- Minimal Environmental Impact
- Green Burial
- 1/3 the cost of Conventional Burial
- 160+ acre Nature Preserve for Walkers, Runners, & Habitat Enthusiasts Pet Interment in our Rainbow Bridge Garden

March 2025 Networking Mixer

Celebrate another great year at the Rainbow Chamber mixer! This event is FREE for Members and \$10 for Non-Members.

Hosted by Morgan Oaks at 421 Fleming Rd, Lincoln, CA 95648 on March 18th from 6-7:30 p.m.

Attendees **MUST RSVP** in advance.

[Register Here!](#)

Big Day of Giving Drag Queen Bingo!

Be part of our **Big Day of Giving Drag Queen Bingo** at Mango's, hosted by the fabulous DoMe Moore!

When: Thursday, May 1st at 6 p.m.
(arrive early – seating is first come, first served!)

Cost: \$55 for all 8 games – tickets must be purchased in advance.

Proceeds benefit the **Sacramento Rainbow Chamber Foundation**,

supporting our LGBTQ+ student community and scholarship program.

Don't miss this event filled with laughs, prizes, and fabulous fun – grab your tickets now and make unforgettable memories!

It's Time
Big Day of Giving 2025
VIP Drag Queen Bingo

Sacramento
RAINBOW CHAMBER OF COMMERCE

Tickets ON SALE Today!
www.rainbowchamber.com

IT'S TIME
DRAG QUEEN
BINGO

May 1, 2025

All proceeds go directly to The Sacramento Rainbow Chamber Foundation's Scholarship Fund

[Get Your Tickets Here!](#)



PAST CHAMBER EVENTS

2025 Business and Community Excellence Awards & Expo!

The 2025 Business & Community Excellence Awards and Expo, held on February 28, 2025, celebrated the outstanding individuals, businesses, and organizations that contribute to a more inclusive and thriving Sacramento community. Hosted by the Sacramento Rainbow Chamber of Commerce, this annual event honors those who champion diversity, equity, and excellence in their industries and communities. The evening brought together business leaders, advocates, and changemakers to recognize the vital role of LGBTQ+ and allied professionals in fostering economic growth and social progress.

This year's honorees exemplify the spirit of leadership and advocacy. Broadway

Sacramento received the Corporate Advocate Award for its dedication to inclusivity in the arts. Hayden Glenn of Queer and Allies Fitness was honored with the Business in Excellence Award for their commitment to creating a welcoming and affirming fitness space for the LGBTQ+ community. The Community Leader of the Year Award was presented to Alexis Sanchez, Deputy Chief Program Officer at the Sacramento LGBT Community Center, and Kris Ritualo, Community Outreach and Engagement Manager at AARP, for their tireless work in advancing LGBTQ+ rights and representation. Their contributions continue to make a lasting impact, empowering individuals and strengthening the fabric of our community.



Left to Right: Co-Host Samuel N. Jones Chair of Sacramento Rainbow Chamber of Commerce, 2024 Corporate Advocate Award Winner Thomas Kane with Tri Counties Bank, 2025 Corporate Advocate Winner Broadway Sacramento represented by Jackie Vanderbeck, Co-



Left to Right: Co-Host Samuel N. Jones Chair of Sacramento Rainbow Chamber of Commerce, 2025 Business in Excellence Winner Hayden Glenn with Queer and Allies Fitness, 2024 Business in Excellence Winner Golden Rules Services represented by Clarmundo

Host Devin Trubey of ABC10
Photo by Tia Gemmell



Sullivan, Co-Host Devin Trubey of ABC10
Photo by Tia Gemmell



Left to Right: Co-Host Samuel N. Jones
Chair of Sacramento Rainbow Chamber
of Commerce, 2024 Community Leader
of the Year Winner Matthew St.Amant
with UC Davis Health, Community Leader
of the Year Winner Alexis Sanchez the
Deputy Chief Program Officer at the
Sacramento LGBT Community Center,
Co-Host Devin Trubey of ABC10
Photo by Tia Gemmell

Left to Right: Co-Host Samuel N. Jones
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Host Devin Trubey of ABC10
Photo by Tia Gemmell

2025 Business and Community Excellence Expo!





Business and Community Excellence Awards Expo Photos Courtesy of Tia Gemmell

COMMUNITY RESOURCES

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BLACKLINE (FOR QUEER BIPOC COMMUNITY): 1-800-604-5841

CRISIS TEXT LINE: TEXT "HOME" TO 741-741

DEQH HELPLINE (FOR QUEER SOUTH ASIANS): 908-367-3374

LGBT NATIONAL HOTLINE: 888-843-4564

LGBT NATIONAL YOUTH TALKLINE: 800-246-7743

NATIONAL SUICIDE CRISIS LIFELINE: 988 AND TEXT "PRIDE" FOR
LGBTQ+ SERVICES

TRANS LIFELINE: 877-565-8860

THRIVE LIFELINE: TEXT "THRIVE" TO 313-662-8209

TREVORLIFELINE: CALL 1-866-488-7386 OR TEXT "START" TO 678-
678

SAGE'S LGBTQ+ ELDER HOTLINE: CALL 877-360-LGBT (5428)

LEGAL RESOURCES

- California ACLU affiliates' [My School My Rights](#), which provides information on the many rights LGBTQ+ students in California have and how to access them
- California Department of Education's [compilation of information and resources](#) for LGBTQ+ students and their families
- Los Angeles LGBT Center's [Immigrant Legal Services](#), which provides legal consultations and assistance
- California Civil Rights Department's [CA vs. Hate portal](#), where community members can report hate incidents and find relevant support resources
- California Department of Managed Health Care's [information page](#) on Trans-Inclusive Care and Gender-Affirming Care

- ACLU of Southern California's [Know Your Rights for Protesters](#)
- [Searchable map](#) of programs and facilities that support LGBTQ+ youth and their families
- California Civil Rights Department's [Complaint Process](#) webpage, which offers information on how to file a complaint if you were subjected to discrimination, harassment, or retaliation in a place of employment or housing

SACRAMENTO LGBTQ+ RESOURCES

- Mental Health First Call/Text: 916-670-4062, Email: MHFirstSac@gmail.com Only available Friday through Sunday 7pm-7am
- Local Resource Guide created by the Gender Health Center: Visit @genderhealthsac on instagram
- Sacramento LGBT Community Center Mental Health Resources: <https://saccenter.org/mental-health>
- PFLAG Sacramento: <https://www.pflagsacramento.org/>

*[*Information may have changed since January 21st, 2025*](#)*



WE ARE ALL IN THIS
TOGETHER.
& WE WILL GET THROUGH
THIS, **TOGETHER.**

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COMMUNITY EVENTS & NEWS

SACTOWN YOUTH NIGHT

South SaQ

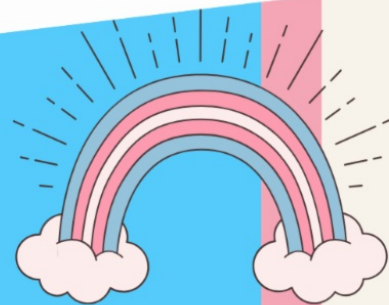
SACRAMENTO
LGBT
COMMUNITY CENTER
saccenter.org



TRANS RESOURCE FAIR

FRIDAY, MARCH 28

6pm – 9pm



- Binder and Tucking Underwear Giveaway
- Know Your Rights Workshop
- Gender-Affirming Haircuts, Makeup Tutorials, Voice Training, and Workout Tips
- ...and Much More!

Marsha P. Johnson Center South

7725 Stockton Blvd Ste. O
Sacramento, CA 95823

Questions? Email us at youth@saccenter.org



City of
SACRAMENTO



This project is supported by Elevate Youth California and funded through Proposition 64.

THE SACRAMENTO LGBT COMMUNITY CENTER

Presents the:

WERQ

YOUR WELLNESS FAIR



SATURDAY, MARCH 22
10 AM – 3 PM

1015 20TH ST., SACRAMENTO, CA 95811

◆ Join us for:

- Interactive Workshops
- HIV Testing & PrEP Navigation
- Arts and Crafts
- Zumba
- Prizes
- And more!



SACRAMENTO
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South SaQ Trans Resource Fair

What: Trans Resource Fair hosted at our Marsha P. Johnson Center South location, offering free binders, Know Your Rights workshop, Gender-affirming haircuts, and more!

When: Friday, March 28, 2025 6PM-9PM

Where: 7725 Stockton Boulevard Suite O Sacramento, CA 95823

Event link: <https://www.eventbrite.com/e/south-saq-trans-resource-fair-tickets-1269947901359?aff=oddtcreator>

WerQ Your Wellness

What: Free health fair, sexual health testing & resources, mental health workshops, self-care treats, and Zumba!

When: Saturday, March 22, 2025 10AM-3PM

Where: 1015 20th St., Sacramento CA, 95811

Event link: <https://www.eventbrite.com/e/werq-your-wellness-lgbtq-health-fair-tickets-1271509702749?aff=oddtcreator>

El Dorado County Q-Space event: “Defend Yourself w/Pride” – Self Defense Workshop & Knowing your Rights.

When: March 22, 4:30 p.m. - 7 p.m.

For more information on this event, please email triconties@saccenter.org

Yolo County Q-Space event: Name & Gender Clinic

March 25, 3-6:30 p.m.

For more information on this event, please email triconties@saccenter.org

CALIFORNIA COMMUNITY COLLEGES

2025 LGBTQ+ SUMMIT

We are the ones
we have been waiting for:
The LGBTQ+ CCC Revolution

April 15 - April 16, 2025



Scan for more details!



California
Community
Colleges



FOUNDATION for CALIFORNIA
COMMUNITY COLLEGES

ENTREPRENEUR OF IMPACT COMPETITION

FLEX YOUR VOICE!

MAKE AN IMPACT IN YOUR COMMUNITY!



VOTE DAILY!



QUEERS AND ALLIES HAS THE OPPORTUNITY TO RECEIVE \$25,000, A MENTORING SESSION WITH DAYMOND JOHN, AND A FEATURE IN FORBES MAGAZINE.

At Queers and Allies Fitness, our mission is to create an inclusive and affirming space where everyone, regardless of their sexual orientation, gender identity, or background, can feel empowered to achieve their fitness goals. We believe that everyone deserves access to a supportive and welcoming fitness community, and we are dedicated to breaking down the barriers that often prevent LGBTQ+ individuals from participating in traditional fitness environments.

Our programs are designed to cater to the unique needs of the LGBTQ+ community, offering a wide range of services that promote physical health, mental well-being, and social connection. From boot camps and personal training sessions to wellness workshops and community events, we strive to create a holistic approach to health that addresses the specific challenges faced by our members.

Winning the Entrepreneur or Impact Competition would be a transformative opportunity for Queers and Allies Fitness. The recognition in Forbes Magazine plus the grant and support that come with this award would enable us to expand our reach, enhance our programs, and continue to advocate for equality and inclusion in the fitness industry. This award would not only validate the hard work and dedication of our team but also inspire and empower other individuals who look to us as a beacon of hope and acceptance.

We are passionate about making a positive impact on the lives of our members and the broader community. With your support, we can continue to build a world where everyone feels seen, valued, and celebrated for who they are.

Thank you for considering taking the time to vote daily and sharing with others.

VOTE HERE!

Connect
with us! ✨ ✨

www.RainbowChamber.com



Drag Queen Bingo - Instagram
@dqbsac



Drag Queen Bingo - FB
@Drag Queen Bingo



Foundation - Instagram
@Rainbow_Chamber_Foundation



Foundation - FB
@Rainbow Chamber Foundation



Rainbow Chamber - Instagram
@SacRainbowChamber



Rainbow Chamber - FB
@Sacramento Rainbow Chamber of Commerce

Thank You

Thanks for supporting our community & future leaders

This just in....

Follow our new Rainbow Chamber Foundation Instagram Page!
@Sac_Rainbow_Chamber_Foundation

Other Social pages to follow:

- [Sacramento Rainbow Chamber of Commerce - Facebook](#)
- [Sacramento Rainbow Chamber of Commerce - Instagram](#)
- [Sacramento Rainbow Chamber Foundation - Facebook](#)
- [Sacramento's Original Drag Queen Bingo - Facebook](#)
- [Sacramento's Original Drag Queen Bingo - Instagram](#)

Don't miss out on getting the latest news and updates!



Don't
Miss A
Thing



Subscribe to our online digital version for free!
Each issue. Twice a month - also free.
Plus So Much More!
Scan this QR code to sign up for our email blast list.

outWord

digital media 

Outword Magazine has been a cornerstone of Sacramento's LGBTQ+ community for 30 years. As the region's largest and most respected LGBTQ+ publication, it has consistently provided quality news, advertising, and entertainment to Central and Northern California.

In 2025, Outword committed to its long time digital format, continuing its bi-monthly issues that cover a diverse range of topics- from local events and arts to in-depth discussions on politics and health.

Outword Magazine remains committed to being a voice for the LGBTQ+ community, adapting to the evolving media landscape while preserving its rich legacy.

<https://outwordmagazine.com/>

wanna advertise with us?

Quarter Page Ad: \$250

Half Page Ad: \$500

Full page Ad: \$1,000

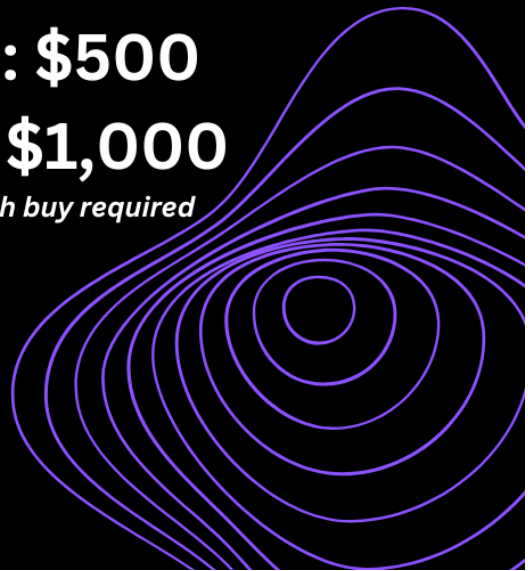
** price is per month / 3 month buy required*



Sacramento Rainbow
Chamber of Commerce

SEE PAST NEWSLETTERS HERE:

www.rainbowchamber.com



Email Fred.Palmer@rainbowchamber.com for more information

Sacramento



**HOW HAS THE CHAMBER
IMPACTED YOUR
BUSINESS?**

**GIVE US
YOUR FEEDBACK**

**MEMBER TESTIMONIALS HELP
US GROW AND SUPPORT
BUSINESSES LIKE YOURS**



Calling all Sacramento Rainbow Chamber members! We want to hear YOUR story! How has the Chamber impacted your business?

Share your feedback through our form and grab a chance for **FREE marketing and extra spotlight for your biz or org!** Your testimonial helps us grow and support businesses like yours!

Submit your feedback using the button below!

Let's grow together!

Submit your testimonial here!

**Wishing you a Happy Women's History Month from all of
us here at the Sacramento Rainbow Chamber of
Commerce!**

Get social with the Sacramento Rainbow Chamber!



 Share This Email

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Sacramento Rainbow Chamber of Commerce | 1026 Florin Rd Suite 381 | Sacramento, CA 95831
US

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Try email marketing for free today!